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Goodbye to Shy: 85 Shybusters That Work!

Say hello to new friends, new business opportunities, new love, and new confidence Okay, so you're shy. Here are 85 proven techniques to help you conquer your shyness and change your life for good. No psychobabble. No nonsense. These tested "ShyBusters" prepare you for that upcoming party, work function, interview, date, and the rest of your life. As someone who overcame debilitating shyness herself, professional speaker Leil Lowndes used this method to become a confident woman who has been interviewed on hundreds of TV and radio shows and has spoken to crowds of 10,000. You'll soon be making "fearless conversation" with people who used to intimidate you. You'll learn how to win the love you

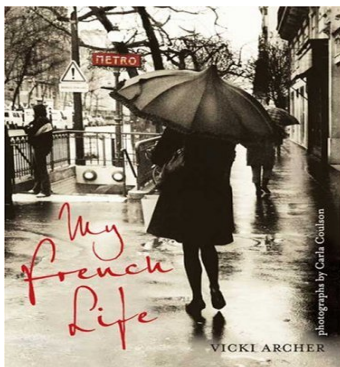
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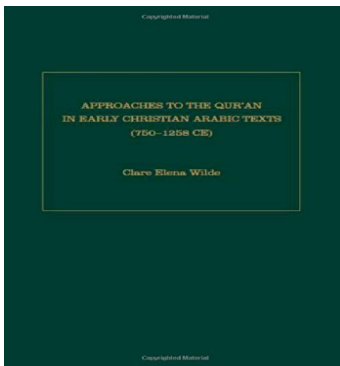
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Review 4:

All good

Review 5:

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Goodbye to Shy: 85 Shybusters That Work!: Leil Lowndes, Joyce ...

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Good-Bye to Shy is dedicated to those who know the anguish of shyness that I, too, suffered for many years. Contents. Preface 1 ...

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