

"Urban Dystrophy is part memoir, part manifesto on the middle-aged man's struggle to discover authentic love in a world filled with impossible expectations: to preserve—if not in fact then at least in convincing appearance—one's youth, relevance, and money. By turns derisive and vulnerable, Rusovitch delivers a thought-provoking homily on the impaired nourishment of the urban soul."
- Chris Cander, author of *11 Stories* and *Whisper Hollow*

In this searing and often hilarious testimony, Jay Rusovitch blows the lid off of a very private and exclusive demographic where everyone is a commodity, and everything is for sale to the highest bidder.

Urban Dystrophy is not the stuff of romance novels. In this world, money and power are routinely leveraged against youth and beauty, and romance is merely a series of equations in an endless rite of passage. Starting with the genesis of this mindset, including his own, and following it through an endless litany of perverse manifestations, Rusovitch paints a picture of affluent middle-aged men and women struggling to maintain relevance at any cost, while searching for love and meaning in the ruins of the very existence they created.

Brutally honest, racy, and unapologetic, *Urban Dystrophy* will keep readers engaged—and amused—for hours.

To the average person, this book will come across as a parody of urban life.

It isn't.

That's the really funny part.



Jay B. Rusovitch was born in New Orleans and educated at Tulane University and Exeter College, Oxford, England. He is an internationally recognized fine art photographer, and the author of *InsideOut* (2009), a compendium of photographs and writings on fantasy, feminism, narcissism and death. He has lived and worked in New York, London, Los Angeles and Houston, where he now resides.



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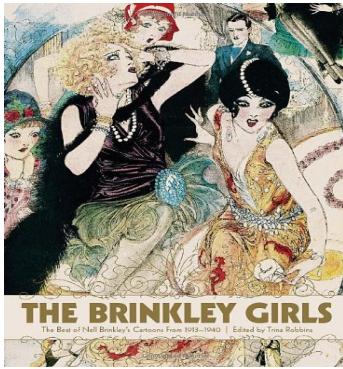
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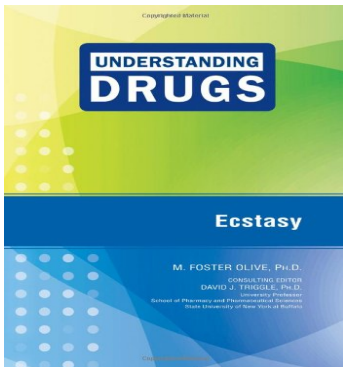
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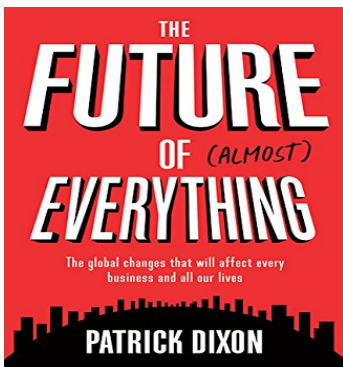
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What others say about this ebook:

Review 1:

I bought this book expecting it to be a breezy parody on middle age urban life. What I got, however, read more like a vivisection of the human soul. While the world the author portrays is somewhat demoralizing, the way it's presented had me laughing out loud. Definitely an entertaining, if cautionary tale. Parts of the book tug on your heart in a way I don't think the author quite intended, Rusovich is seemingly not a romantic, but maybe his jaded affectation is just a shell protecting his belief in an idealized higher force, Love.

Review 2:

I read the first 20 pages and was like.. YEP. This book tells you exactly how it really is dating in the BIG cities. Awesome, funny, straight forward, truth and sexy... One of my best reads and I can honestly say Jay Rusovich did a fantastic job... :)

Review 3:

First let me say I am only an occasional reader. Most books fail to keep my ADD riddled mind captivated long enough to get through the first chapter but a friend recommended this book and told me how good it was and I have to say he was right. I read almost half this book today and it's crazy! If you are an adult male Jay will have you laughing at yourself once you realize the things he is recounting could easily be you and your girlfriend or wife just might figure you out after reading it too. I haven't finished it yet but I am recommending it to everyone I know. Read it and get ready to laugh at yourself and maybe learn something about yourself in the process

Review 4:

This book was excellent a lot of fun to read and a lot of truth to it he should make it a reality tv show people would love it

Review 5:

Why would you read Urban Dystrophy? Well, firstly, you'd ask: "Who wrote this book? Is he kidding? Is he serious? Is he the angriest man in the urban mid-life dating world? Or is he part of a silent majority, the rest of whom lack either the courage or literary skill (or both) to expose the innermost secrets of many middle-aged men in the world of high income big city dating?"

Treat it as parody, or treat it as reality, or some of both ? either way, it is a great read! It's a book for men who want to confirm what they already suspect or know. Said out loud. It's a book for women who want to understand what many men are thinking ? either the men they want to avoid, the men they want to attract, or the men they are already seeing.

Meet the new, urban, single, wealthy, successful middle-aged man. He's post-angry. He's entitled. He's demanding. And that is only half the story. Meet the new urban single middle-aged woman. She's unrealistic. Utterly oblivious. Living in a dream world of self-created fantasy. Meet Urban Dystrophy. Where men are middle-aged at 56. But women are middle-aged at 36. For many women, this will be a primer on the kind of man to avoid. Unfortunately, the book points out that most of the men they believe they want fall right into this category.

For many men in the middle-aged dating scene, this will be a full-on reinforcement and vindication of their dating experiences and choices. In the land of Urban Dystrophy, young women in their late 20's who are offended when men in their mid-fifties or older hit on them are offended not because they think the man is pathetic, but

because the man is insulting them ? how DARE he think they cannot attract an uber successful man in his early 30's? The middle-aged man becomes the ultimate insult. For the middle-aged man who is rejected by the woman in her late 20's or early 30's, she's just an idiot. No offense taken. He'll find another.

You may think that this is written from the perspective of a person who has money and financial success at the core of his soul. And maybe you think that if you have, for example, God there instead, you will have a different outcome. And you will. You won't live in the middle of the big city, divorced or never married, hanging out in health clubs or wine bars or charity events to find love. You will be in church. That said, in the world of Urban Dystrophy, they are both a kind of self-delusion. The delusion being, that we are worthy just as we are. Self-love is delusional love, without God, or Money, or Beauty. Because, in the big city, all the self love in the world won't get you laid ? not without the other stuff, anyway.

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